



The simple
choice for
energy
efficiency.



Be an ENERGY STAR and Demonstrate Your Commitment

ENERGY STAR makes it easy for you and your family to save energy and money while you do your part to help protect the planet. Check out the energy-saving actions you can take below. Pick one or more and share them with the world through social media. Snap a selfie and/or post a message about your action(s) and tag them with **#BeAnENERGYSTAR** to demonstrate your commitment!

- ★ Change a light to an ENERGY STAR LED. ENERGY STAR assures best savings and performance.
- ★ Turn off the TV, lights, fans, and other electronics when not using them.
- ★ Recycle paper, plastic, glass, and cans. When purchasing new items, look for ones made from recycled materials.
- ★ Use the power management settings for the computer and monitor when you take a break.
- ★ Plant a tree.
- ★ Walk, ride a bike, or skateboard instead of using a car.
- ★ Keep doors and windows closed when the air-conditioning or heat is on. Hot and cold air escape quickly!
- ★ When your family is shopping for a new TV, light bulb, appliance, or other product that uses energy, recommend that they look for products that are labeled with the ENERGY STAR logo. This means that they are certified as energy efficient by the EPA.
- ★ Get your family to take the ENERGY STAR Pledge and set up a free My ENERGY STAR account to learn all the ways to save energy and money at home while you help protect the climate at the same time. Visit energystar.gov/pledge.

Learn more at www.energystar.gov.

ENERGY STAR® is the simple choice for energy efficiency. For more than 20 years, people across America have looked to EPA's ENERGY STAR program for guidance on saving energy, saving money, and protecting the environment. Behind each blue label is a product, building, or home that is independently certified to use less energy and cause fewer of the emissions that contribute to climate change. Visit energystar.gov/changetheworld today and tell all your friends!